



Curling course with Andreas Schwaller

Friday, 1 October to Sunday, 3 October 2010

Competitive curling for all proficiency levels. As the season starts treat yourself to a weekend which includes numerous curling lessons at the ultramodern Waldhaus Arena in Flims. Learn from the best, plus a small curling tournament, the theory of curling and culinary highlights as well as a cosy get-together in elegant surroundings at the 5 star Waldhaus Flims Mountain Resort & Spa.

The course will be run by Andreas Schwaller, one of Switzerland's most successful curlers. He has skippered various teams to international success, the greatest of which include World Championship Silver 2001, Olympic Bronze 2002 and European Championship Gold 2006. At this weekend's event he will be assisted by Hall Manager Andreas Schlunegger.

Friday, 1 October	10.00 hr.:	Start of the weekend at the Waldhaus Arena
	10.30 hr.:	Lessons in curling and curling theory
	12.00 hr.:	Lunch in the Curler Restaurant
	13.30 hr.:	Lessons in curling and curling theory
	17.00 hr.:	Voluntary training with A. Schwaller or leisure and relaxation in the wellness oasis
	19.00 hr.:	Joint evening meal in the Waldhaus Flims Overnight stay in the Waldhaus Flims Mountain Resort & Spa
Saturday, 2 October	09.00 hr.:	Lessons in curling and curling theory
	12.00 hr.:	Lunch in the Ristorante Pomodoro
	13.30 hr.:	Tournament - Round 1
	15.30 hr.:	Tournament - Round 2
	17.00 hr.:	Voluntary training with A. Schwaller or leisure and relaxation in the wellness oasis
	19.00 hr.:	Joint evening meal in the Waldhaus Flims Overnight stay in the Waldhaus Flims Mountain Resort & Spa
Sunday, 3 October	09.00 hr.:	Lessons in curling and curling theory
	12.00 hr.:	Lunch in the Curler Restaurant
	13.30 hr.:	Finals
	15.30 hr.:	Announcement of the results in the Curler Restaurant

Price for participation with overnight stay

Includes: 2 overnight stays in the Waldhaus Flims, Waldhaus breakfast buffet, 3 lunches, 2 evening meals incl. wine and soft drinks plus curling course with Andreas Schwaller: CHF 1200.- per person

Price for participation without overnight stay

Includes: Curling course with Andreas Schwaller and 3 lunches: CHF 670.- per person

Registration

Maximum number of participants 40; applications will be processed in the order they are received.