

MEDIA RELEASE | June 2010

## LADIES RETREAT – WORLD CUP SPECIAL

Team up with a few of your girlfriends, pack your suitcases and enjoy a relaxing ladies weekend. The „Ladies World Cup Retreat“ package offered by the 5-star resort Waldhaus Flims Mountain Resort & Spa is the perfect opportunity to escape the omnipresent football-fever of this year’s Football World Cup in South Africa.

Carrie, Samantha, Charlotte and Miranda, the protagonists of a current cinema box-office hit have set the style. They escaped their daily hassles and spontaneously went on a short trip to the desert. However, you need not venture that far! With its „Ladies World Cup Retreat“ package, the 5-star resort Waldhaus Flims offers the perfect place to get away from it all and to treat yourself with a relaxing and recovering break. You are invited to relax at our delight spa & beauty, a «Leading Spa of the World», participate in a Qi Gong class at the shore of the wonderful Cauma Lake, enjoy a picnic on the viewing platform Conn or spend an entertaining kitchen cocktail with our gourmet chef Sandro Steingruber. The „Ladies World Cup Retreat“ package certainly offers you an eventful and unforgettable stay in the middle of the fabulous Graubünden mountains. Just in case that one of the girlfriends is interested in the World Cup after all, you may watch a game at the World Cup Lounge in the Segnes Winebar and enjoy a glass of wine.



Gourmet Chef Sandro Steingruber



delight spa & beauty

The Ladies World Cup Retreat can be booked on the following dates:

- June 11 - 13 / June 18 - 20 / June 25 - 27 (Swiss game) / July 02 - 04 (quarter-finals) / July 09 - 11 (final)
- max. number of participants per weekend: 6 persons



#### **Ladies World Cup Retreat Package:**

- 2 nights in a superior double-room
- Fruit power snack at Lake Cauma
- Sumptuous Waldhaus breakfast buffet
- Resort Dining - à la carte dinner at the Grand Restaurant Rotonde (recommendation 3-course menu)
- Qi Gong at the shore of Lake Cauma
- Swiss Quick Booster or St Barth Elasticity Massage
- Happy Hour: Mix your favourite cocktail and prepare exclusive hors d'heuvres under the auspices of our gourmet chef Sandro Steingruber
- Surprise dinner at the gourmet restaurant Epoca – created just for you by Sandro Steingruber
- Wrap up your evening at the Chadafö Bar or, if you feel like it, at the World Cup Lounge of the Segnes Winebar
- Free entry to the wellness oasis delight spa & beauty
- Participation in the daily exercise and relaxation classes at the delight spa & beauty

**Ladies special price per person in a double-room: CHF 890.-**

**(The Saturday treatments will be booked for you 48h prior to your arrival. The treatments will be allocated within these 48h according to availability.)**

Call the Waldhaus Flims, +41 (0)81 928 48 48 or mail to [info@waldhaus-flims.ch](mailto:info@waldhaus-flims.ch), [www.waldhaus-flims.ch](http://www.waldhaus-flims.ch), for any further information.

This media release can be downloaded on [www.waldhaus-flims.ch](http://www.waldhaus-flims.ch) (link PRESS).

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